

Let Your Light So Shine



A stage in the process of the journey of life.

As I reached mid-life, a quaint expression for fifty years old, and assuming I finally make 100 years, my strong body, which I had taken for granted for so many years finally wearied and changed.

I was faced with continuing with a prolapsed uterus or having a hysterectomy.

After I had exhausted all the alternative therapies, to no avail, I decided that it would be a positive step to have a hysterectomy.

To make it an act of power I wanted my womb, which had served me so well, and of which I am deeply fond, returned to me after the operation. That proved to be difficult but I finally found a way and a helpful and sympathetic surgeon.

I wish to be a physically wombless woman who honours and recognises the power of

life giving, and creativity, that my physical womb gave, and that my spirit womb now gives.

Every one of us is born of womb-man, and all death and change gives life.

This work is in honour of my mother who died while I was in hospital having my operation, but who gave birth to me, and showed me the power and pleasure in celebrating life. **S**

The Quiet Tree

The "Quiet Tree" was given to me in a ceremony as a medicine name, but only really came to life for me when I started to study art as a mature student at college and realised the enormous power of artistic creativity, a force for healing and development, both personally and for society as a whole. It excited me as a visual form of communication often more powerful than words. I have dedicated the last five years of my life to promoting art in the Peak District and am totally committed to its healing force. The Quiet Tree Studio holds regular exhibitions for artists both professional and amateur in Derbyshire.

